



Finding The best style on You

FASHION TIPS

INTRODUCTION

Have you ever struggled to find the style that fits you the best? I know I have.

Fashion is available to anyone, and each person can have their style. There are all different kinds of styles of fashion and everyone has the right to choose whatever they want. But these slides are for those who want to find the style that fits them the best but has no idea where to start. I hope that many people will be more confident after reading the tips.





THE METHOD

The methods are based on Japanese fashion culture. I am Japanese and have been researching about the Japanese fashion culture for years. It can be applied to anyone, and it is very well designed and easy to understand.

KNOWING YOUR BODY

It is very important to know what type of body shape you have to know suitable clothing for you. There are three types of skeleton analysis and diagnosis in the Japanese method. Based on the Japanese skeleton analysis and diagnosis, we can find out the design formed by the most suitable material fabric.



But also remember, all kinds of the body are beautiful. This is not a purpose to make you change your own body.

BODY SHAPE



Straight Type

Straight body has thickness around from the neck to the shoulders, obvious muscle feel, the curve of the chest and buttocks are seen. Not obvious shown of color bone.



Wave Type

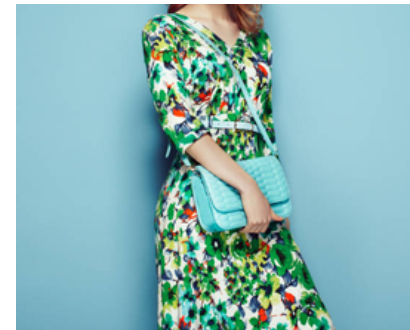
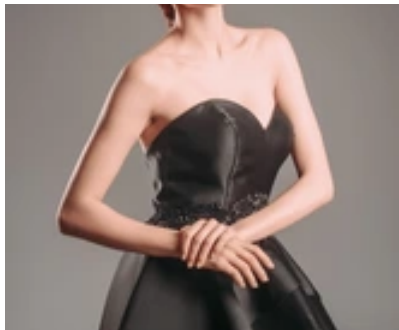
Weight is shown on the lower body. The fat is more than the muscle. The skin of the texture is soft, the neck is relatively long. The wave body is seen skinner once we see it from the side way.



Natural Type

The skelton is relatively large, and it has obvious joints the wrists, ankles, collarbone, and knees. The skinny is greater than the fleshy. No obviously visible muscles.

STRAIGHT TYPE BODY



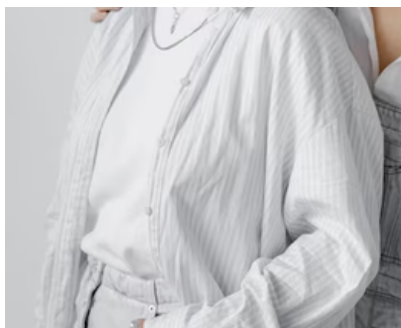
A simple, elegant, and gorgeous style would be suitable. Because of the thickness of the upper body, it is better with a v-neck, sweetheart neckline. The fabric is better to be stiff. For tops, anything that makes chest line slim would be great. For design, big print would be more suitable instead of small things on the design. Short sleeves are more desired than tank tops. Clothes that show the line of the bone shape would be good instead of oversized.

WAVE TYPE BODY



Wave type body has thin and curvy line, feminine and girly style would look suitable. It is more suitable to choose fitted size rather than oversized. You might want to avoid a cut where it shows too much skin around the collarbone. Gorgeous design like frilly, lace, puff sleeves clothes. Cropped length is wanted more than long length of a top. The suitable clothes for the wavy type body is quite opposite from straight body type.

NATURAL TYPE BODY



Oversize is more suitable than fitted clothing. Casual style look suitable on them. For material, obvious texture patterns are great instead of soft or satin fabrics. Crew neck line is desired instead of open cut or turtle neck. Simple and natural design would look nice on natural type body.

CONCLUSION

Knowing your skeleton body type helps you to find your suitable style. We learned with three skeleton analyses of the Japanese method. Remember what matters is what makes you happy and confident. You are the one who can decide what to wear, and I am not trying to force anyone to only wear a suitable style with your skeleton! For instance, the next slide has a picture of me, and my body type is straight, but I am wearing the one that suits the wavy type of body the best because I like the design, and it makes me happy. But the method still helped me to find the most suitable clothing for me. I hope you have a better idea about your own body and suitable clothing with this book. Wear something that makes you happy and Enjoy!





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