

FOOD INSECURITY

in Madison County

People Are Hungry

Food insecurity is the lack of reliable access to a healthy amount of food. Every U.S. community struggles with hunger. **Madison County is no exception.**

A national research project called ALICE identifies a financial status that redefines the concept of “the Working Poor.” ALICE households struggle to afford basic needs **despite living above the Federal Poverty Level.**

These households often have to limit food access to afford other basic needs.

12.9%

OF MADISON COUNTY
STRUGGLES WITH
FOOD SECURITY

ALICE: Asset Limited, Income Constrained, Employed
Households with income above the Federal Poverty Level but below the basic cost of living

Effects of Food Insecurity

Increased likelihood of harmful conditions:

Physical Health

Malnutrition
Diabetes
Heart disease

Well-being

Stigma
Shame
Social Isolation

Mental Health

Anxiety
Stress
Depression

Productivity

Low Energy
Poor Focus
Missing school/work

ALICE & Hunger

Nearly **50%** of people facing hunger live **above** the federal poverty line.

ALICE households often struggle because their income is **too high** to qualify for SNAP aid...



...but **too low** to consistently afford food.

Costs are Rising

Two ways to measure inflation are through the Bureau of Labor Statistics' Consumer Price Index (CPI) and the ALICE Essentials Index (AEI).

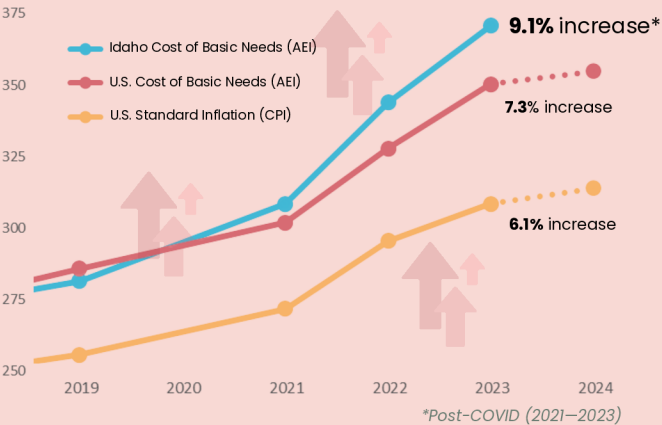
CPI:

- Changes in cost of over 200 goods (including luxuries)

AEI:

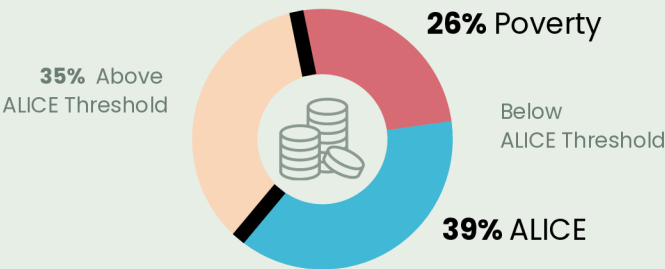
- Changes in cost of ALICE/poverty-level household essentials

While both indices have shown an increase of cost over time, the ALICE Essentials Index shows that **the cost of basic needs have been increasing at a much higher rate** especially in the years following the COVID-19 pandemic.



Poverty Rates

According to the 2022 Census



65% of households in Madison County weren't making enough to cover basic expenses.

Most Vulnerable Demographics

Percentages indicate the proportion of local households within these groups that are below the ALICE Threshold

Household Age

90%
UNDER 25

Household Race

87%
HISPANIC

Household Type

90%
SINGLE-FEMALE-HEADED
(WITH CHILDREN)

The “Working Poor”

Imagine a single Idaho woman with one child who's been working full-time at a daycare center since 2010.

From 2010 to 2022:

↑ 28% BUT **↑ 47%**
MEDIAN WAGES FOR CHILDCARE WORKERS SINGLE ADULT/SINGLE CHILD HOUSEHOLD COSTS

In 2010, this woman was paid \$17,140 annually, but fell **\$12,000 short** of the income she needed to afford her family's bare-minimum costs.

In 2022, with a higher annual income of \$21,970, she now falls **over \$20,000 short** of affording her basic needs.

Free Local Resources

Rexburg Mobile Food Bank
Schedule:
3rd Tuesday every month
4–7 p.m.

4915 S. Yellowstone HWY
Drive-up Service:
Bulk non-perishables, meat,
fresh produce, baked goods

Rexburg Soup Kitchen
Schedule:
Wednesdays
12–1 p.m.

480 West 2nd North (VFW)
Lunch Service:
Carry-away hot meal

Family Crisis Center
Schedule:
Wednesdays & Fridays
12–1 p.m.

16 E Main St, Rexburg
Food Bank:
Non-perishables, fresh produce,
bread products